

# CPR for a Baby

# 1

Check the baby and the baby's ABCs (Airway, Breathing, Circulation).

If the baby is unresponsive and not breathing normally, call EMS/9-1-1 and get an AED or have someone else do this.



# 2

Place 2 fingers in the centre of the baby's chest.

Do 30 chest compressions: Push deeply and steadily.



# 3

Open the airway by tilting the head back and lifting the chin.

Place your barrier device over the baby's mouth and nose.

Give 2 breaths.



# 4

Repeat cycles of 30 chest compressions and 2 breaths.

Continue CPR until an AED arrives or more advanced care takes over.



The information in this poster does not replace formal First Aid & CPR training.

Contact us to find a Red Cross First Aid course in your area and download our free First Aid app:

[myrc.redcross.ca](http://myrc.redcross.ca) | 1.877.356.3226 | [redcross.ca/apps](http://redcross.ca/apps)

